Board Width: 14.13
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Born in Kuala Lumpur on December 29, 1978, Futri Najuwa began her journey through life. Futri is the eldest daughter of Dr. Salleh Buang and his wife Raja Rafekha. Dr. Salleh, a hardworking man, raised his three children with discipline and lots of love. It was from here that Futri learned much of her inner strength.

Futri, after finishing secondary school at the age of 17, furthered her studies in the Northern University of Malaysia. She started with the matriculation program and later earned her degree in Accounting with Honors in the year 2000. Three years later, she enrolled at a teaching institute and succeeded in possessing a diploma in teaching.

Year 2004 was the start of her teaching career. Primary school students were a part of her duties day after day and still is. From there she quickly realized how much she loved teaching and how it made her satisfied when students could complete her exercises. She always says "Nothing is impossible; if my father can do it, so can I." Having a father working as a consultant and author of a number of scholastic masterpieces, writing seems to run in the family. Apart from teaching, she holds several positions in the school. Her passion for Mathematics began during her secondary school years. The inability to solve a math problem made her cranky; and that drove her to strive even more in mastering math.

Now, Futri teaches Mathematics and English in a school with below 200 students. Possessing the determination to outperform herself keeps her going. She has currently completed a guidebook for teachers entitled How To Handle Kids In The Classroom and is currently being edited by her father. She now lives in Perak with her husband and 4 children.

Mathematical anxiety (math anxiety) is one of the most common problems occurring in teaching and learning Mathematics. It may also be referred to as "math-phobia". Math anxiety is connected to poor performance in school on math tests, negativea attitudes of the individual and also math avoidance. Math avoidance is the situation whereby students who are highly anxious will avoid doing situations in which they are required to perform mathematical calculations.

Math avoidance results in less exposure to math, less practice from the students, and thus leading to less math competency. This makes the students involved being more anxious and unprepared to excel in math. In a number of cases, students in colleges and universities with math anxiety decide to take up the least number of subjects related to math whenever possible. With math avoidance, comes negative attitudes and thoughts towards math. This leads to poor performance in math tests or tasks involving calculations. Bear in mind that math anxiety may start in a child as early as in their preschool stage.

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Why It Happens And How To Deal With It

The Tangled Web Of MATHEMATICS

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